

What's  
good for  
climate  
is good  
for  
health

+

the  
economy

# Climate change poses a grave and immediate threat to human health

Risks from changing patterns of disease, food insecurity, unsafe water and sanitation, damage to human settlements, extreme events and population growth and migration were far more severe for human health than most observers had understood, according to a systematic appraisal of available evidence by the Lancet-UCL Commission in 2009.

## We can avoid this threat

**Action to reduce greenhouse gas emissions leads to direct benefits to human health, and to substantial fiscal savings**

**Better health improves quality of life and massively reduces the cost to healthcare, for example:**

- + Less road and air transport means lower emissions and rates of respiratory and cardiovascular disease,
- + Active transport means reduced obesity, diabetes, vascular disease, depression, osteoporosis and cancer rates,
- + Less red meat production means reduced methane emissions, cardiovascular disease and cancer rates.

**To avoid a global public health crisis, leaders must sign a fair, ambitious and binding international climate agreement.**

[www.env-health.org/healthyclimate](http://www.env-health.org/healthyclimate)  
[www.noharm.org/europe/issues/climate](http://www.noharm.org/europe/issues/climate)

